



**Are you living with
a progressive
neurological
condition?**

**Have you tried to
access
rehabilitation?**



Researchers at Ulster University would like to hear about your experiences trying to access rehabilitation. Your voice is important and can contribute to making a positive change to rehabilitation services.

Rehabilitation involves working with health care professionals to overcome difficulties with everyday activities. This may include problems related to thinking, seeing, hearing, communicating, eating, or with movement. Professionals working in rehabilitation may include occupational therapists, physiotherapists, psychologists and speech and language therapists.

We do not know if everyone who could benefit from rehabilitation has access to it. Learning more about people's experiences of trying to get rehabilitation helps healthcare providers know where they can improve their service.

This research will help us to understand what enables or prevents people with progressive neurological conditions seeing the right professionals in Northern Ireland.

For further information please contact:

- Shona Pryde
- MSc Advancing Practice Student
- Pryde-S1@ulster.ac.uk
- 07876598350

What does it involve?

- Joining **one** virtual Focus Group discussion. This will be carried out online using Zoom.
- The discussion will last up to 90 minutes
- Anything you tell us will be anonymised and all research data will be stored securely

Are you eligible?

- Are you living with (or care for a person with) a progressive neurological condition
- AND have had, or have tried to get, rehabilitation through the NHS in Northern Ireland (Health and Social Care Service) in the last three years
- Are you 18 or over
- Resident in Northern Ireland
- Fluent English speaking
- Physically and mentally able and willing to share your experiences in a virtual (online) group setting. This may be with the support of a helper if required.
- Do you have access to the internet and a device to enable you to participate?